

# Handwriting

## Self Assessment

Welcome to our Handwriting Self-Assessment! This quick and easy form is designed to help you understand if a professional handwriting assessment might be beneficial for you. Simply read each statement and tick the boxes next to the ones that apply to your experience with handwriting.

- Does your hand get tired or start to hurt while you're writing?
- Do you find that your writing is slower than your classmates' during activities or exams?
- Is it hard for you to keep your writing on the lines and within margins?
- Do you notice that your letters are often different sizes or shapes each time you write them?
- When you look at your writing, do you find it difficult to read or messy? Or have teachers commented that they can't easily read your writing?
- Does your hand feel weak or do you have trouble holding a pencil correctly?
- Are you avoiding tasks or assignments that involve a lot of writing because it's too challenging?
- Has poor handwriting affected your grades or performance on schoolwork?
- Are you worried about handwriting for long periods in upcoming exams?

If you've checked any of the boxes above and feel that your handwriting could use some expert attention, we're here to help! Reach out to us to book your handwriting assessment and take the first step towards a more confident approach to writing with less stress.

Book online here



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